

**CONSULTANT GASTROENTEROLOGIST AND HEPATOLOGIST**

M.B.B.S (Pak)

FCPS (Gastroenterology & Hepatology).

Current location:

Gastroenterologist & Hepatologist at Services hospital, Peshawar, KPK, Pakistan.

Past location:

Gastroenterologist and Hepatologist at DHQ Hospital, Mardan, KPK.

PERSONAL DETAILSDate of Birth: 8th October 1983Past Position: District Specialist Gastroenterology and Hepatology
Unit, DHQ hospital. KPK, PakistanCurrent location:
Peshawar, KPK.

Address Postal address.

Peshawar.

Telephone: Mob: 0092-

Marital Status: Married

Nationality: Pakistani

Languages: English, Urdu, Hindi, Pushto (fluent)

Arabic (basic)

Registration PM & DC Reg No: 13986-N.
CPSP RTMC Registration # GAS-2011-021-283.**POST GRADUATE QUALIFICATIONS:****FCPS (gastroenterology) CPSP, PAK 2016**
MCPS (general medicine) CPSP, PAK, 2011**UNDERGRADUATE QUALIFICATIONS****M.B.B.S** University Of Peshawar May 2007

Khyber Medical College, Peshawar N.W.F.P, Pakistan.

Tel. 0092-

Fax, 0092-

Matriculation certificate 1998.B.I.S.E, Peshawar, Pakistan**(Equivalent to GCSE)****A- Level / Fellow in sciences** 3/2000, B.I.S.E, Peshawar, Pakistan

DETAILS OF EXPERIENCES

District Specialist Gastroenterology and Hepatology in Services Hospital Peshawar from 1/4/2018 till date.

District Specialist Gastroenterology and Hepatology in DHQ Mardan from August 2017 till 30/3/2018.

Senior Medical Officer in Health Dep't KPK posted as Senior Medical Officer Gastroenterology in Swabi district KPK from August 2014 till August 2017.

Health Facility health dep't KPK, Pakistan

Purpose: o attending daily ward rounds & management of cases.

- o Managing patients in outpatient clinics as well as Inpatient.
- o Handling inpatient acute emergencies & providing Resuscitation.
- o Making clinical decisions & practicing safe drug prescription.
- o Prioritize the tasks, discharge planning & maintaining patient follow-up.
- o Maintaining affective communication with patients regarding there health education, counselling, breaking bad news, taking informed consent & maintaining confidentiality.
- o Recognizing medico legal & ethical issues & ensuring good practice
- o Active participation in academic sessions.
- o Performing the routine bed-side procedures.
- o Assisting juniors in advanced interventional procedures
- o Performing diagnostic and therapeutic Upper & Lower GI Endoscopies.

Procedures: 1) Fibro scan

- 2) Diagnostic & therapeutic Upper & Lower GI Endoscopies
- 3) Esophageal Variceal Band ligation and sclerotherapy

Gastro & Hepatology Unit Hayatabad Medical complex, Peshawar, KPK, Pakistan.

May 2011 to august 2014.

I joined the unit initially as a Trainee medical officer and then senior medical officer and now as a specialist after attaining fellowship certificate from college of physicians and surgeons of Pakistan.

Hayatabad Medical Complex is a tertiary care center with more than 900 beds. The time period program includes duties of 5 beds in intensive care unit and 38 beds in ward and an outpatient department. I took morning and evening ward rounds with my seniors which involved record keeping, patients daily progress report, carrying out investigations and bed side discussion regarding patient condition, diagnosis, prognosis, counselling etc. attended outpatient clinics twice weekly and worked as a registrar in my unit under senior supervision.

I initially observed and later performed various minor procedures like arterial and venous sampling, IV and I/M injections, securing IV line, urinary catheterization, nasogastric suction, pleural and ascetic tape both diagnostic and therapeutic, lumbar puncture, venesection and dressing of minor wounds.

I also performed gastroenterology procedures both under supervision and independently, Like upper & lower gastrointestinal endoscopies both diagnostic and therapeutic including biopsy sampling, sclerotherapy, band ligation, foreign body removal and also flexible sigmoidoscopy, anoscopy, colonoscopy and also observed and assisted endoscopic retrograde pancreatic duodenoscopy.

Besides it I also took keen interest in teaching my juniors and remained registrar of ward academic activities. I also took interest in teaching pharmacology to pharmacy and paramedical staff in my ward.

Internal Medicine, Rahman Medical Institute & Hayatabad Medical Complex, Pakistan.

27th Jan 2009 to 17th may 2011.

My time period includes 18 months of period in general medical unit and 3 rotations of 2 months durations in the following specialties.

1. Cardiology Unit Hayatabad Medical Complex, Peshawar.
2. Gastroenterology Unit Hayatabad Medical Complex, Peshawar.
3. Nephrology Unit Khyber Teaching Hospital, Peshawar.

Major Courses & Workshops Attended During Post-Graduate Training

- Communication skills workshop
- Research Methodology, Biostatistics & Dissertation writing workshop
- Computer skills workshop
- Advance Therapeutic Endoscopy
- Advanced Cardiac Life Support (ACLS)
- Basic endoscopy work shop
- Ercp workshop
- Eus workshop

Teaching Experience

Since my training was in a teaching hospital attached to the Khyber Girls Medical College, hence there was regular exposure to academic sessions in which I get a chance to teach common clinical topics to medical students as well as junior colleagues. I also teach them clinical examination, interpretation of routine investigations ECGs, CXR, endoscopic diagnosis, MRI, CT, barium studies etc and data interpretation. This exercise has definitely polished my own skills and has aided me in passing the post graduate exams.

Senior Medical Officer, Rahman Medical Institute, Hayatabad, Peshawar, Pakistan, 1st June 2008 to 26th Jan 2009.

6 months working experience in Surgery & allied as a Senior House officer.
1st Dec 2007 to 31st may 2008

With special duties and assistance in the field of.

1. General Surgery
2. ENT

6 months working experience in Medicine and allied as a Junior House officer:
1st June 2007 to 30th nov 2007.

Including duties like.

- 1 Attending indoor and outdoor departments
- 2 Reception of the acute Emergency
- 3 Documentation and paper work of the admitted patients
- 4 Various procedures like securing IV access, Lumber punctures, insertions of CVP lines, .ascetic tape, Pleural tape

PUBLICATIONS, CLINICAL ELECTIVES & RELATED ACTIVITIES

1. Frequency of High Glasgow Blatchford Score & it's One Month Mortality in Patients presenting with Non-variceal Upper Gastrointestinal Bleeding.
2. to determine the accuracy of rock all score in predicting early rebleed in patients presenting with non- variceal upper GI bleed
3. Portal biliopathy.
4. Awareness and frequency of hepatitis b vaccination in high risk health care workers at swabi district kpk.
5. Prevalence of HCV among the young male blood donors of Peshawar region of KPK, Pakistan.
6. Drugs and liver.

7. Role of Rifaxamin in diarrhea predominant IBS.

8. effectiveness of sofosbuvir and ribavirin in hcv patients of genotype 2 and 3.

9, Efficacy of Sofosbuvir Velpatsavir combination in HCV genotype 3 infected children of age between 10 to 17 years.

MANAGEMENT ACTIVITIES

- Management responsibility for ensuring adequate junior staffing levels in medicine & allied
- Coordinate junior doctor study leave and annual leave in medicine & allied
- Recruitment of new S.H.D.s including short listing and interviewing
- Dealing with junior doctor performance issues and disciplinary matters

SUMMARY OF GASTROENTEROLOGY AND HEPATOLOGY EXPERIENCE:

HAYATABAD MEDICAL COMPLEX, PESHAWAR, KPK.PAKISTAN;

Hayatabad Medical Complex is a large superregional center of gastroenterology and hepatology disease. The Gastroenterology & hepatology unit at Hayatabad Medical Complex includes an intensive care unit, a 38 bed general ward, an Endoscopic laboratory, and an ERCP suite. Approximately 2500 Endoscopies and 500 ERCP are performed each year. I benefited from the wealth of experience available in this department, which has a larger workload than any other international center. The department consultant staff includes 5 full-time Consultants. During my job at Hayatabad Medical Complex, I completed all curriculum requirements, including:

- Gastro & Hepatology outpatient clinics;
- Management of adults with GI disease;
- intensive care management;
- Analysis and reporting of 24-hour PH recordings;
- Performing and interpreting Lab tests;
- Upper & Lower GI Procedures and assistance in ERCP.
- I gained familiarity with the methodology and diagnostic potential of MRI and CT and can confidently interpret images from these modalities