

OBJECTIVE:

To obtain a Women's Health Nurse Practitioner position that enables me to utilize my skills and offers opportunity for professional development in a clinical, educational, research, or administrative setting.

SUMMARY OF QUALIFICATIONS:

- Six years' experience as a Women's Health Nurse Practitioner in an OB/GYN and Infertility clinic.
- Skilled in medical histories, physical exams, laboratory testing, and medical prescription.
- Expertise evaluating and managing a wide scope of acute, chronic, and complex medical problems, and preventive and routine medical cares.
- Provide counseling and treatment for mood problems and other mental health issues.
- Trained in infertility evaluation and treatment including family planning advice and optimal fertility nutritional education.
- Effective interpersonal/communication skills with patients and colleagues.
- Abilities to develop health education materials, act as a preceptor, and teach in-service lessons.

WORK EXPERIENCE:

Mankato Clinic, Mankato, MN February 2009-

Present

Women's Health Nurse Practitioner

- Diagnosis and treatment of acute and chronic OB/GYN conditions.
- Provide annual gynecologic examinations, breast examinations, pre- and post- operative examinations, and prenatal and postnatal care.
- Provide patient education with emphasis on healthy promotion activities.
- Provide prescriptions and manage medication renewals.
- Counsel patients on hormone therapy for birth control and menopause management, and provide the appropriate prescription.
- Provide infertility evaluation and treatment, family planning advice, nutritional education, and coordination of care with satellite fertility clinics when appropriate.
- Perform gynecologic procedures including but not limited to endometrial biopsies, punch biopsies, IUD insertions, intrauterine inseminations, hysterosalpingograms, and sonohysterograms.

Alegent Health Home Care, Omaha, NE February 2005-

November 2008

Registered Nurse Case Manager: Maternal/Child Team

- Primary provider and case manager for maternal, pediatric, and neonatal patients in the home.
- Responsible for assessment and monitoring of patients with a variety of illnesses.
- Develop and implement patient care plans.
- Collaborate with physicians and other health professionals.

Methodist Hospital, Omaha, NE February 2003-
September 2003 *Registered Nurse:*
Intermediate Care

- Provided direct patient care for cardiac patients.
- Trained in telemetry and advanced cardiac life support.

Alegent Health Midlands Hospital, Papillion, NE June 2000-February
2005

Registered Nurse: Labor/Delivery, Postpartum, and Newborn Nursery

- Provided direct patient care for labor, delivery, recovery, postpartum, and neonatal patients.
- Trained in circulating, scrubbing, and recovering patients experiencing cesarean section deliveries.

EDUCATION:

University of Nebraska Medical Center, Omaha, NE Master of
Science in Nursing, May 2008
Specialty: Women's Health Nurse Practitioner

College of Saint Mary, Omaha, NE Bachelor of Science
in Nursing, May 2003

Honors: Member of Sigma Theta Tau (International Nursing Honor Society) and graduated Cum Laude
Associate of Science in Nursing, May 2000

LICENSURE:

Registered Nurse, Nebraska, 2000-Present **Registered Nurse**,
Minnesota, 2008-Present **Advanced Practice Nurse**, Minnesota,
2008-Present **Advanced Practice Nurse**, Nebraska, Pending

PROFESSIONAL DEVELOPMENT:

Nebraska Army National Guard
May 1992-September 2000
Combat Medic

- Trained in emergency medical skills.
- Earned Emergency Medical Technician licensure.
- Demonstrated leadership skills and effectively managed groups of people in order to properly respond to emergency situations.

PROFESSIONAL AFFILIATIONS:

Sigma Theta Tau Nursing Honor Society
Association of Women's Health, Obstetric, and Neonatal Nurses Nurse Practitioners in
Women's Health
American Association of Nurse Practitioners Nebraska
Nurse Practitioner Network

REFERENCES:

Available upon request

