

MBChB, MSc, MD, PhD
Consultant



SECTION I: GENERAL DATA

1- PERSONAL DETAILS

NAME

DATE OF BIRTH

01/08/1965

NATIONALITY

British

MARITAL STATUS

Married and have 3 kids (wife works as General Practitioner)

MAIL ADDRESS:

, UNITED KINGDOM

TELEPHONE:

E-MAIL:

2- MEMBERSHIP OF PROFESSIONAL ASSOCIATIONS

- EMS (Egyptian Medical Syndicate)
- GMC (General Medical Council)
- BMA (British Medical Association)
- MDU (Medical Defense Union)
- ERS (European Respiratory Society)
- North East Thames Thoracic Society (UK)
- Board Member of Critical Care Delivery Group Newham University Hospital (UK)
- Clinical Governance Group Newham University Hospital NHS Trust (UK)
- Egyptian Critical Care Society

SECTION II: CURRENT POSITION

- 1) **CONSULTANT IN RESPIRATORY MEDICINE AND MECHANICAL VENTILATION SINCE MARCH 2006 NEWHAM UNIVERSITY HOSPITAL NHS TRUST**
Glen Road, London E13 8SL (UNITED KINGDOM)
- 2) **SENIOR LECTURER (PROFESSOR) IN RESPIRATORY MEDICINE AND CRITICAL CARE ALEXANDRIA FACULTY MEDICINE**
Alexandria 21111 EGYPT

I am one of 3 Consultants running the Department of Chest Medicine at Newham University Hospital. I am responsible for the Newham COPD and Asthma Clinic (approximately 350 new cases per year), Sleep Clinic (approximately 200 new cases per year), Oxygen Assessment Clinic (approximately 150 case reviews per year). Over the years, I have acquired an in-depth knowledge and vast experience in the clinical management of respiratory disorders.

I am one of the senior teaching staff in Alexandria University. I had joined the teaching staff as I was one of the highest rank graduate. I am teaching critical care medicine.

SECTION III: SKILLS AND ACHIEVMENT

1- CLINICAL SKILLS

I have many years of experience of busy general chest clinics and in-patient work, and urgent 'chest' referrals throughout the hospital, including ITU. I have extensive experience in the acute general "on take" medicine.

My clinical skills include the management of:

- Respiratory failure, with the implementation of acute and long-term Non-Invasive Ventilatory support. Patients seen and treated range from chronic obstructive airways disease, chest wall deformities, spinal deformities, polio and other neuropathies, muscular dystrophies to diaphragmatic palsies.
- Obstructive sleep apnoea and obesity hypoventilation.
- Chronic obstructive airways disease and asthma.
- Lung cancer. I am actively in the management of patients with lung cancer am a member of multi- disciplinary team.
- Management of pulmonary tuberculosis with and without associated HIV disease (both in-patient out- patients settings).
- I am competent in Bronchoscopy, Nasal ventilation, CCP lines, Temporary pacing wires, Lumbar punctures, Arterial lines, Endotracheal intubation, Intercostal drains, Pleural biopsies
- Other procedures include: liver biopsy, Skin biopsy, Bone marrow biopsy, Sigmoidoscopy, Swan-ganz catheters and *PiCCO lines* and all general medical procedures

2- RESEARCH SKILLS

A) RESEARCH AREA

- Heart rate variability in subjects with different types of apnoeas: obstructive and non-obstructive (My research project for the MD degree from King's College London University).
- Use of new medications in sleep disorders such as Melatonin, Provigil.
- Use of Noninvasive ventilation.
- Use of new inhaler in COPD

B) MY RESPONSIBILITY

- Major contributor and supervisor of the research team
- Recruitment of the patients and candidates for the research
- Writing the research protocol and correspondence with Ethics Committee
- Negotiating the pharmaceutical companies
- Presenting the data in the national international meetings

SECTION III: ACHIEVMENT (CONT.)

3- PUBLICATIONS

- Javaid M, Farrugia M and **Noeman Ahmed Y**, **Case Report**: Anything rare is possible here: Brucellosis in London in 2012 (<http://casereports.bmj.com/>)
- **Noeman Ahmed Y** Techniques of Managing Difficult to Wean Acute NIV: Comparison between Prolongation of Time off Ventilator and Pressure Withdrawal. ERS poster presentation Amsterdam 2011
- **Noeman Ahmed Y**, Chung E, Vearncombe S. Effect of Adherence to Hospital NIV Guidelines on the Outcomes of Type II Respiratory Failure Patients. ERS poster presentation Amsterdam 2011
- Karunaratne BN, **Noeman Ahmed Y** Poor Compliance with CPAP Therapy in OSA patients: Prevalence and Aetiology Poster presentation at the Health Services Research Network/ Service Delivery and Organisation (HSRN/SDO) June 7 and 8th at Liverpool 2011
- **Noeman Ahmed Y**, Woolford M, Rees PJ, Treacher D, Williams AJ: Experience with mandibular repositioning in the treatment of snoring and the obstructive apnoea-hypopnoea syndrome with and without nasal Continuous Positive Airway Pressure (n-CPAP). Thorax, Dec 1998. BTS meeting, Dec 1998. (Slide Presentation)
- **Noeman Ahmed Y**, Hamid S, Higgins SE, Howard RS, Williams AJ: A study of heart rate variability in sleep related breathing disorders. Abstract. Am J Respir Crit Care Med 1999. ALA/ATS International Conference, San Diego, California, USA, April 1999 (Poster Presentation)
- **Noeman Ahmed Y**, Seers C, Higgins S, Howard R, Williams AJ: Heart Rate Variability during specific sleep stages. A comparison of healthy subjects with Obstructive Sleep Apnoea Syndrome. Abstract. Sleep 1999. APSS meeting, Orlando, Florida, USA, July 1999 (Poster Presentation)
- **Noeman Ahmed Y**, Seers C, Higgins S, Howard R, Williams AJ: Assessment of sympathetic activity by Heart Rate Variability in mild and severe Obstructive Sleep Apnoea. Abstract. ERS meeting, Madrid, Spain, August 1999. (Poster Presentation)
- Hamid S, **Noeman Ahmed Y**, Davidson C, Williams AJ: Weaning from mechanical ventilation . ALA/ATS International Conference, San Diego, California, USA, 1999
- **Noeman Ahmed Y**, Seers C, Higgins S, Seed P, Howard R, Williams A.J: Can Heart Rate Variability differentiate between obstructive and non-obstructive apnoeas? APSS meeting, Las Vegas, 2000 (Poster Presentation)

SECTION V: TRAINING

1) In UK:

A- SPECIALIST REGISTRAR OF RESPIRATORY MEDICINE (MARCH 2000 TILL MARCH 2006)

- i) NEWHAM UNIVERSITY HOSPITAL NHS TRUST (LONDON UK)
- ii) SOUTH END HOSPITAL (LONDON UK)
- iii) GUY'S & ST THOMAS NHS TRUST (LONDON UK)

I acquired substantial experience in the management of acute and chronic respiratory failure as well as acute emergencies from this post. I also learned of different approaches and patient management policies during post take ward rounds.

My responsibilities included:

- Assessment of new and follow up patients in outpatients clinics followed by discussions with assigned consultant.
- Observation and participation in special investigations and techniques
- Case discussions with consultant on ward rounds
- Active participation in multi-disciplinary clinical meetings and weekly X-Ray meetings with pathologist video link at the Royal London Hospital
- Journal review & follow up team discussions
- Management of emergency cases with consultant support
- Regular clinical audits
- Supervision of junior staff
- Average number of respiratory inpatients under care; 25
- Average number of emergency respiratory admissions per week; 15
- Number of days on-call per month; 4
- Respiratory medicine procedures/skills:
 - Pleural intubation
 - Pleural biopsy
 - Fibre-optic bronchoscopy
 - Trans-bronchial biopsy
 - Broncho-alveolar lavage
 - Tuberculin testing
 - Allergy prick testing
 - Lung function interpretation
 - Sleep study interpretation
 - Radiological interpretation
 - NIV
 - BiPAP & CPAP
 - Intercostal drain insertion

SECTION V: TRAINING (CONT)

B- RESEARCH REGISTRAR IN RESPIRATORY MEDICINE AND SLEEP STUDIES (MARCH 1998 TILL MARCH 2000)

GUY'S & ST THOMAS NHS TRUST (LONDON UK)

The sleep disorders centre in Guy's & St Thomas Trust is the largest tertiary referral centre in the UK with the facilities for full nocturnal polysomnography, and dealing with all forms of sleep disordered breathing from obstructive sleep apnoea to narcolepsy and sleep behavioural disorders.

I had joined the department to complete my research project about (heart rate variability in subjects with different types of apneas) in King's College of London under the supervision of Prof. Williams. During this duration I worked in different medical departments in the group of hospitals belong to the trust this included the following:

- Sleep Apnea out-patient clinics (twice weekly)
- Respiratory High Dependency Unit (HDU) namely Victoria, Page and the Lane Fox Unit. It is a fifteen bedded tertiary referral unit for chronic respiratory disorders with two beds dedicated to intensive/high dependency care. The Unit specialises in weaning techniques from invasive to non-invasive ventilation as well as the implementation of non-invasive ventilation in-patients with respiratory failure of whatever cause. This includes chronic obstructive airways diseases, neuromuscular diseases and chest wall and skeletal deformities.
- Participating in ten different clinical trials over a period of two years: some were sponsored by St Thomas' hospital and others by major pharmaceutical companies
- I attended the weekly lunchtime seminar on sleep medicine organized by the research registrar.

I have developed a special interest in post-polio syndrome as well as adult acid maltase deficiency. I have gained experience with all forms of non-invasive ventilation including positive pressure nasal ventilation and negative pressure cuirass and 'iron lungs'. I also actively participated in weekly final year medical student teaching sessions.

2) IN EGYPT

RESPIRATORY AND CRITICAL CARE DEPARTMENT IN ALEXANDRIA UNIVERSITY HOSPITALS (MARCH 1991 TO MARCH 1998)

Alexandria University Hospital is third largest University in Egypt with over 1500 beds it acts as a tertiary referral for most of the north west and delta region in Egypt, which constitute over 20% of the whole country population. Alexandria University Hospital was pioneering in introducing Critical Care Medicine in Egypt. It kept its reputation as one of the most advanced center in Africa and the Mediterranean region. I started in the department after finishing the internship in 1991 (pre-registration year) and the military service as resident then Lecturer from June 1994

SECTION VI: RECENT COURSES & MEETINGS ATTENDED

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| INTERNATIONAL | <ul style="list-style-type: none"> • Sleep and Breathing Conference, Berlin (Poster on OSA) • European Respiratory Society Amsterdam (2 Posters Presentation) • Sleep and Breathing Conference Prague • New Advances in COPD, Parma • European Respiratory Society Stockholm (Poster Presentation) • American Thoracic Society (Poster Presentation) • American Thoracic Society (Poster Presentation) | April | 2013 2011 2010 2009 2007 2005 2004 |
| NATIONAL (IN UK) | <ul style="list-style-type: none"> • British Thoracic Society Conference • Health Services Research Network Liverpool • British Thoracic Society Conferences (ongoing) • Advanced Life Support Course (renewed and valid) • Mandatory Training (Health & Safety, COSHH, Fire Safety, Infection Control, Handling Violence & Aggression, Lone Working, Caldicott Protocols, Handling Patient Information, Complaint Handling, Risk Incident Reporting, Adult Basic Life Support) | | 2011 2011 |
| REGIONAL | <ul style="list-style-type: none"> • North East London Respiratory Training Scheme • Lung Improvement Project, London | | |
| LOCAL | <p>Weekly Grand Round meeting Weekly Respiratory Radiology meeting Weekly Cancer MDT meeting Monthly Departmental Meeting Medical Faculty meeting</p> | | |

SECTION VII: REFEREES